

BA. PSYCHOLOGY

FIRST YEAR

Sl. No.	Papers	Max. Marks	Exam Hrs.
1.	Hindi I	100	3
2.	English	100	3
3.	Basic Psychology	100	3
4.	Human Development	100	3
5.	Educational Psychology	100	3

SECOND YEAR

Sl. No.	Papers	Max. Marks	Exam Hrs.
1.	Hindi II	100	3
2.	English	100	3
3.	Experimental Psychology	100	3
4.	Human Development-II	100	3
5.	Psychological Statistics	100	3

THIRD YEAR

Sl. No.	Papers	Max. Marks	Exam Hrs.
1.	Rehabilitation Psychology	100	3
2.	Human Resource Development	100	3
3.	Abnormal Psychology	100	3
4.	Counseling Psychology	100	3
5.	Psychology and Social Issues	100	3

FIRST YEAR

Paper – 1

Hindi I

Paper – 2

ENGLISH PAPER – I

Detailed Text

PROSE

1. In Prison – Jawaharlal Nehru
2. What is Science? – George Orwell
3. On Marriages – Nirad Chaudari
4. The Luncheon – N. Somerset Maugham
5. The Mourners – V. S. Naipaul
6. The Plane Crash – Juliane Koepcke
7. Better Late – R.K. Narayan

POETRY

1. Polonius' Advice to his Son – William Shakespeare
2. Every Town a Home Town - Kaniyan Purkunran
3. The Village Schoolmaster – Oliver Goldsmith
4. The Solitary Reaper – William Wordsworth
5. On his Blindness – John Milton
6. The Tyger – William Blake

Non-Detailed

Text : THE GIFTS AND OTHER STORIES abridged and simplified by Anthony Toyne – Oxford University Press, 1997.

The following stories

1. The Gifts – O. Henry
2. The Two Friends – Guy de Maupassant

3. The Bear Hunt – Leo Tolstoy
4. The Goblins and the Grave Digger – Charles Dickens
5. The Nightingale and the Rose – Oscar Wilde

GRAMMER

1. Articles and Prepositions
2. Infinitives and Gerunds
3. Five basic sentence patterns (SV SVC, SVO, SVOO, SVOC(A))
4. Arranging the component parts so as to form a sentence
5. Language work at the end of all lessons
6. Language work at the end of all lessons
7. Question Tag, Active and Passive Voice
8. Degrees of Comparison

COMPOSITION

1. Letter Writing (Formal and Informal)
2. Developing the hints
3. Comprehension
4. Writing Telegram
5. Completion of a passage
6. Precis Writing

Paper – 3
HUMAN DEVELOPMENT

UNIT – I

1. Development – Meaning of child growth and development. Different aspects of growth, principles of development, factors affecting child development, heredity and development
2. Steps in Development : Physiology of pregnancy. Prenatal – Childhood – Adolescence – Prenatal growth and development.

UNIT – II

Effect of normal and scissoring delivery. Adjustment to new environment – Physical development of infant – Sensory development of infant – Motor activity of infants – Emotions of infants – Characteristics of infant behavior.

UNIT – III

Childhood : Adolescence – Characteristics - Factors affecting growth – Physical growth – development of internal organs – development motor abilities – emotional behavior – Social development stages.

UNIT – IV

Emotional behavior – characteristics, Special emotions – Social Development Stages – Development stages - Play – Types of Play. Habits – Functions – Habit formation. – Children delinquency.

Paper – 4
BASIC PSYCHOLOGY

UNIT – I

Introduction – Definition and goals of psychology – behaviouristics, cognitive and humanistic – cross-cultural perspective – Methods – Experimental – observation – interview – questionnaire and case study.

UNIT – II

Biological bases of Behaviours: Genes and Behavior, the nervous System – C.N.S., A.N.S and peripheral Nervous system – Glands and Harmones. Emotions – Expression and control.

UNIT – III

Sensory Perceptual Processes – Nature and types of sensation and Perception, Attentional Processes: Definition, types and determinants – Principles of Perceptual organization; Thinking process – Nature and types.

UNIT – IV

Learning and Memory – Classical and Operant conditioning – Basic Processes – verbal and observational learning – Memory – Sensory- S.T.M – Long term memory – forge thing – Process and theories.

UNIT – V

Cognitive and non-cognitive processes – Intelligence – Nature and types – motivation – Biogenitic and Sociogenic motives – Personality – nature and determinates, Approaches to study personality – trait and types, Assessment of Personality.

Reference:

1. Balon R.A., Barne D.A – Understanding behavior Tokyo Halt Sounders.

2. Zimbardo P.G & Walser AL 1997 – Psychology New York Haper Collings College publishers.
3. Lefton, L. A. 1985 – Psychology Bosten-Allyn & Baron.

Paper – 5
EDUCATIONAL PSYCHOLOGY

UNIT – I

Importance of Psychology – Importance – Development process Stages of Development – Characteristics of Physical – mental – Emotional and Social Development at each stage. – Heredity and environment.

UNIT – II

Learning – nature types of learning, Thordike’s law of learning, motivation, memory and methods of memorization.

UNIT – III

Intelligence, its nature and measurement : Individual differences and creativity .

UNIT – IV

Personality and its development – adjustment and maladjustment – mental hygiene.

UNIT – V

The Psychology of the group and group dynamics methods psychology.

Reference:

1. A ground work of Educational Psychology – By Ross.
2. Educational Psychology – By Sanditord.

SECOND YEAR

Paper – 6

Hindi I

Paper – 7

ENGLISH PAPER – II

Detailed Text

PROSE

8. A Visit to India – Julian Huxley
9. University Days – James Thurber
10. I Have a Dream – Martin Luther King
11. The Story Teller – H.H. Munro (Saki)
12. George Bernard Shaw – Bertrand Russel
13. Only then shall we find Courage – Albert Einstein

POETRY

7. The Day is Done – Henry Wadsworth Longfellow
8. King Arthur's Farewell – Alfred Tennyson
9. O Captain! My Captain! – Walt Whitman
10. My Last Duchess – Robert Browning
11. Ode to a Nightingale – John Keats
12. Lochinvar – Walter Scott

Non-Detailed

A collection of One Act Plays -

1. Remember Ceasar – Gordon Daviot
2. The Proposal – Anotn Chekov
3. The Miracle Merchant – Saki
4. The Stepmother – Arnold Bennet
5. The Mahatma – Rama Sarma

GRAMMER

1. Relative Clauses
2. Conditional Sentences
3. Modal auxiliaries
4. Reported Speech
5. Transformation of Sentences
 - a. Affirmative, Negative and Interrogative Sentences
 - b. Simple, Compound and Complex Sentences
6. a,b,r clauses
7. Correction of Sentences based on
 - a. Subject, Verb and Concord
 - b. Tenses
 - c. Articles and Prepositions.
 - d. Question Tags

COMPOSITION

7. Paraphrasing
8. Dialogue Writing
9. Report Writing

10. Note Making
11. General Essay
12. Expansion of Idea.

Paper – 8
EXPERIMENTAL PSYCHOLOGY

UNIT – I

Experimental Psychology – Introduction, Background and development, Scope and Applications, Recent trends.

UNIT – II

Experimental methods in psychology – Scientific experiment – Experiment in psychology, univariate experiment – Formulation of Hypothesis.

UNIT – III

Analysis of Data, Quantitative and Qualitative, Type of analysis – Report writing – Attention.

UNIT – IV

Sensations – Reaction time – Fatigue – Field experiments.

UNIT – V

Psycho physics – Psychological scaling techniques – Experiment design.

Reference:

1. Experimental Psychology – Prof. E.G. Parameswaran, Prof. K.Ravichandran.

Paper – 9

HUMAN DEVELOPMENT – II

UNIT – I

Human Development – Introduction, Social Development – Emotional Development – Mental development.

UNIT – II

Physical Development – methods, growth of weight and weight – Development of a memory – Principles and methods of memorization.

UNIT – III

Perceptual development – Cognitive development – Social and emotional development.

UNIT – IV

Development during our adult years – Ageing, death, living longer and healthier, meeting death.

UNIT – V

Development of habit – Rules and devices – Development of character, Principles and methods.

Reference:

1. Developmental Psychology – S.P. Chawbe.
2. Psychology – Robert A. Baron.

THIRD YEAR

Paper – 11

HUMAN RESOURCE DEVELOPMENT

UNIT – I

Human resource development – Introduction – Origin and growth – Definition – Nature and scope, functions, role of a Human resource manager.

UNIT – II

Challenges to Human resource development in the – Alternative views of Human resource development – Human resource planning – Internal and external supply of labor.

UNIT – III

Job analysis – Recruitment – Selection Types of Test – Interviews – Training – Need and objectives, methods.

UNIT – IV

Workers participation in management – Performance appraisal, meaning, methods.

UNIT – V

Compensation systems – Incentives – Retirement benefits – Welfare activities – Trade union.

Reference:

1. Human Resource Management – Fisher, Schoenfeldt, Shaw.
2. Human Resource Management – C.B. Gupta.

Paper – 12

HUMAN RESOURCE DEVELOPMENT

UNIT – I

Definition – Evolution of HRD from Personnel management – Development Perspective HRD, HRD at macro and micro levels: Outcomes of HRD in the national and organizational contexts. HRD concepts, Subsystems of HRD: Human Resources Planning, Potential, Assessment Center, Training and Development, Career Planning.

UNIT – II

Developing Human Capacity: Aptitude, knowledge, Values, Skills of Human Relations, Responsiveness, Loyalty and Commitment, Transparency, Leadership development. Training and Development: Meaning and Scope, education and development- Training need analysis, Types of training.

UNIT – III

Human Resource Accounting., HR Audit and Bench marketing, Impact-assessment of PHD initiatives on the bottom-Line of an organization. Organizational Development: Meaning – Interventions – Programs – Techniques – OD consultants.

UNIT – IV

Organizational Development Process: Phases of OD – Initial Diagnosis – Survey and Feedback, Action Planning, Team Building, Creativity. Learning Organization: Organizational Learning, Importance, Knowledge Management, Achieving Organizational Effectiveness.

UNIT – V

Organizational Culture and Climate: Meaning and type of Organizational culture and climate; Role of HRD. Recent Trends in HRD: Training for trainers and HRD professionals, Promoting Research in HRD and OD.

Reference:

1. D.L. Kirkpatrick(Ed), How to Manage Change Effectively – San Frnasisco: Josseybass, 1985.
2. T.V. Rao and Udai Pareek (1989). Developing and Managing Human Resource System.
3. D.M. Silvera (1988), Human Resource Development: The Indian Experience, New Delhi: News India publications.
4. Sikula A.F.P., Administration and HRD – John Wiley, New York.

Paper – 13

ABNORMAL PSYCHOLOGY

UNIT – I

Abnormal Psychology – Introduction – Abnormality in everyday life – Language of Abnormality – Judging abnormality.

UNIT – II

Psychological disorders – Classifications, empirical and clinical – Consensual approach.

UNIT – III

Abnormal Behavior – Criteria for identifying behavior abnormalities – Classification of abnormal behaviors, stress, sources, models.

UNIT – IV

Mental disorders, changing conceptions of mental disorders, disorders of infancy, childhood and adolescences – Mood disorders – anxiety disorders – Sexual and Gender disorders.

UNIT – V

Bulimia – Substance – Use disorders – Schizophrenic disorder – Paranoid disorders – Depression.

Reference:

1. Introduction to Psychology – Clifford. T. Morgan, Richard. A. King.
2. Psychology – Robert. A. Baron.

Paper – 14

COUNSELLING PSYCHOLOGY

UNIT – I

Counseling – Introduction, meaning, characteristics, steps involved in counseling process – types of counseling, process – Types of counseling, qualities of a good counselor – Theories of counseling.

UNIT – II

Guidelines – Introduction, meaning, need for guidance, function, principles, types, guidance center – Role of professionals in guidance programs – Guidance Vs Counseling.

UNIT – III

Adjustment, Maladjustment and readjustment – Non-adjustive and Maladjustive reactions and its causes.

UNIT – IV

Individual and group counseling – Types of social interaction – Perception and learning in social behavior, Behavior of groups.

UNIT – V

Growth of counseling psychology in India – Basic and Applied Psychology – Hindu Psychology – Psychology in action.

Reference:

1. An Invitation to Psychology – Prof. E.G. Parameswaran, Dr. C. Beena.

Paper – 15

PSYCHOLOGY AND SOCIAL ISSUES

UNIT – I

Psychology – Introduction, Definition, Nature and Scope, Methods of Psychology – Historical development – Is Psychology a Science?

UNIT – II

Branches of pure and applied psychology – Psychology of individual differences – Psychology of motivation – Behavior – Origin and development – Body of behavior.

UNIT – III

Remembering and forgetting – Retention, Factors influencing, Physiological basis of memory, bio-chemical basis of memory, psychological basis of memory.

UNIT – IV

Language and communication – Nature of Language, Development of Language – Communication, Non-verbal communication, channel, source, formal and non-formal channels.

UNIT – V

Social thought and social behavior, Attribution – Social behavior – Interacting with other – Social influences – Changing others behavior.

Reference:

1. Psychology – Robert A. Baron.
2. An invitation to Psychology – Prof. E.G. Parameswaran, Dr. C. Beena.